

GO Kids take the following precautions to ensure that all necessary measures are taken to prevent the spread of infection:

- Apply good basic hygiene practices with regular hand washing.
- Children are encouraged to sanitise their hands regularly. If children are unable to use hand sanitising gel due to skin conditions, they will be encouraged to wash their hands with soap and water.
- Take protective measures to avoid contamination of person or clothing with bodily fluids by using disposable aprons, gloves, and face coverings.
- If an accident occurs, institute a safe first aid procedure immediately.
- Where appropriate children may be encouraged to clean any small scrapes themselves while supervised by a member of staff to limit physical contact.
- All staff are retrained in First Aid regularly.
- Dispose of any contaminated waste in a safe manner.
- Wipe down or wash and sanitise toys before and after each session and if they are contaminated with any bodily fluids.
- All food preparation equipment/dishes/cutlery are sterilised regularly.
- All “high touch” areas (e.g. light switches, door handles, hand railings) are disinfected before and after each session and if they are contaminated with any bodily fluids.
- Any spillages of bodily fluids are cleaned up promptly and surfaces are disinfected.
- All cleaning liquids and wipes meet the requirements of BSEN 1276 and BSEN 13697 as advised by Environmental Health.
- If a child displays COVID19 symptoms they are isolated from other children and parents/carers are called to pick them up immediately. They are then encouraged to get a test and follow the Government Guidelines regarding Test and Protect.
- If a member of staff displays COVID19 symptoms they are sent home immediately and will be tested and will then follow Government Test and Protect Guidelines.
- If your child or a member of their household is displaying symptoms of COVID 19 please do not send them to the club. Call your club to let them know and follow the Government Guidelines.
- More information can be found at <https://www.nhsinform.scot/campaigns/test-and-protect>

## Common Childhood Illnesses Exclusion Information

Please find below a table of common childhood illnesses and information regarding how long children should stay away from GO Kids for.

### When should my child return to school?

<b>Chicken Pox</b> When all spots have crusted over	<b>Conjunctivitis</b> None*	<b>Diarrhoea &amp; Vomiting</b> 48 hours from last episode	<b>Glandular Fever</b> None*	<b>Hand, foot &amp; mouth</b> None*	<b>Impetigo</b> When lesions are crusted & healed or 48 Hours after commencing antibiotics
<b>Measles or German Measles</b> 4 days from onset of rash	<b>Mumps</b> 5 days from onset of swelling	<b>Scabies</b> After first treatment	<b>Scarlet Fever</b> 24 hours after commencing antibiotics	<b>Slapped Cheek</b> None*	<b>Whooping Cough</b> 48 Hours after commencing antibiotics
	<b>Flu</b> Until recovered	<b>Head Lice</b> None*	<b>Threadworms</b> None*	<b>Tonsillitis</b> None*	

\*while no exclusion period is required parents must inform their club directly if their child has any of these illnesses. All information will be treated with the greatest discretion.

If any child or member of their household is displaying symptoms of COVID19, they must not attend GO Kids. Please inform the club and follow government guidelines.

Please note that if your child has been sent home from school with any of the above illnesses that require an exclusion period, we cannot accept them at GO Kids during the period of exclusion.

Please note that the school will not inform us if any child has been off school ill/sent home from school. It is the responsibility of the individual parent/guardian to inform the club that their child will not be attending for any reason.

More information about Common childhood illnesses can be found at:  
<https://www.nhs.uk/conditions/baby/health/infectious-illnesses-in-children/>